



CURRIED TURKEY CASHEW SPINACH SALAD

NUTRITION PER SERVING: 321
 26 G
 27 G
 13 G
 30 MINUTES
 30 MINUTES
 PREP TIME:
 COOK TIME: 4 SERVINGS
 2 CUPS

YIELD:
SERVING SIZE:

INGREDIENTS:

1/4 C WATER
 PLAIN FAT-FREE GREEK YOGURT
 1 TBSP OLIVE OIL
 1 TBSP CURRY POWDER
 1 TSP HONEY
 1 TSP KOSHER SALT
 1/4 TSP
 1/4 TSP FRESHLY GROUND BLACK PEPPER
 5 C LOOSELY PACKED BABY SPINACH
 2 C CHOPPED COOKED SKINLESS TURKEY (LIGHT AND DARK MEAT)
 1/2 C GOLDEN RAISINS
 1/2 C COARSELY CHOPPED ROASTED, SALTED CASHEWS
 1/2 C THINLY SLICED RED ONION

- 01 Combine the first 7 ingredients in a large bowl; stir with a whisk.
- 02 Add spinach and remaining ingredients, toss well to combine

